

# Parent Council Update

September 2013

Website: [www.mpsc.info](http://www.mpsc.info)

E-mail: [manorparkschoolcouncil@yahoo.ca](mailto:manorparkschoolcouncil@yahoo.ca)



## ON THE CALENDAR

Wednesday September 25, 2013, School Council Meeting 7:00 pm, Library

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Come to the first School Council meeting of the year. Meet the new principal, participate in this year's elections, find out what's happening in the school, and help the council establish its priorities for the year. The meeting takes place Wednesday September 25, 2013, at 7 pm in the school library.

All welcome. Refreshments provided.

Hope to see you there!

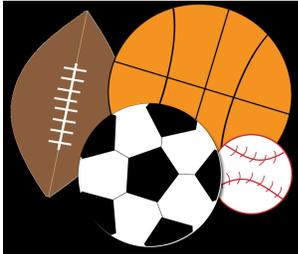
Interested in receiving updates from School Council? Send your email address to [manorparkschoolcouncil@yahoo.ca](mailto:manorparkschoolcouncil@yahoo.ca). Don't forget to check out the School Council website: [www.mpsc.info](http://www.mpsc.info).



**Pizza Thursdays** are always a favorite with the children!

Pizza Thursdays start **Thursday September 19<sup>th</sup>**. The pizza comes from our local pizzeria, St. Laurent Golden Crust Pizza. We will have four pizza sessions throughout the year; the first session runs until Thursday November 21st.

Pizza funds raised through the Manor Park Home and School Association help provide resources and activities for all students of Manor Park Public School.



## **Free sports programming for students in grades 3-6 during morning nutrition break!**

Children in grades 3-6 are welcome to come out for sports during their morning nutrition break – for free!

Since 2003, the Home and School Association has offered the opportunity for all interested students in grades 3-6 to play team sports, regardless of sports ability or financial means. We gratefully acknowledge the support of the administration and teachers of Manor Park Public School, and the partnership with the Manor Park Community Council.

Today, students at MPPS can voluntarily sign up for sports such as soccer, handball, badminton, basketball, and volleyball.

### **What parents should know:**

**The program is not operated or supervised by the staff of Manor Park Public School or the Ottawa-Carleton District School Board.**

- Any child in grades 3-6 can participate – for FREE!
- All sports are played on school property;
- Equipment provided. Running shoes required;
- Instruction and supervision is provided by the Manor Park Community Council;
- This program is paid for by the Manor Park Home and School Association.

For more information, please consult the "Intramural Sports" section in the introductory white pages of this year's student agenda.



## **Nutrition Break Art Programs**

The Nutrition Break Arts Programs are extracurricular activities offered at the nutrition breaks to students in grades 1-6. The Program is made possible by the combined and collaborative efforts of the School, the Home and School Association and the Manor Park Community Council (MPCC).

The new session of Nutrition Break Arts and Science Programs will begin in

October and registration forms with the different programs will be sent home shortly. Various programs such as Yoga, Art, and Cooking will be offered. Proceeds raised from this program will benefit the Home and School Association.

Stay tuned for more information!



### **Greening Project Volunteer Needed**

A volunteer is needed to keep school and community interest in our schoolyard. The Greening Project Volunteer would make sure that the educational butterfly garden (now part of the fenced-in kindergarten area) is kept healthy and accessible for classroom use, as well as the young trees in the schoolyard.

Six years ago, the butterfly garden was planted, 26 trees were planted in the playground, and a new play structure at the back of the school was installed – all through money raised from city grants, school fundraising and community donations, including the Manor Park Community Council and family businesses. The aim of the school yard greening project was to create environments in the school yard so teachers could bring students outdoors more for educational opportunities – from the outdoor classroom area (boulders under the shade of the pine trees) to the butterfly and insect friendly garden (dedicated to now-retired teacher Madame Anne); the planter of trees as well as the many other tree areas planted to create shade – and, overall, provide opportunities for stewardship and getting out into the yard.

If you are interested in this volunteer spot, please email current coordinator Victoria McMullen at [vpmcm@sympatico.ca](mailto:vpmcm@sympatico.ca) for more information.



### **Interested in other ways to get involved?**

There are countless ways to make a difference at Manor Park. Here are a few:

May Fair volunteers, Pizza volunteers, Grant writing,  
In-class support, Badminton Club, Shelving books in the library,  
School Council Website support.

To get involved, please drop us an email at [manorparkschoolcouncil@yahoo.ca](mailto:manorparkschoolcouncil@yahoo.ca)



## **Manor Park's very own Parent Lending Library!**

### **What is it?**

The Parent Lending Library is an initiative launched last year at Manor Park Public School that allows parents to borrow books on various topics related to parenting, and children's mental, emotional and physical health. The majority of books purchased for this lending library are written for parents. However, there are some children's books in the collection that can be borrowed by parents to be read with a child. We currently have excellent resources for parents on the following topics:

- Adoption
- Allergies and sensitivities
- Anxiety Disorders (generalized anxiety, social phobia, panic disorder, separation anxiety, obsessive compulsive disorder)
- Autism, Aspergers, PDD-NOS
- Attention Deficit/Hyperactivity Disorders
- Behaviour Regulation
- Bullying and mental health
- Depression
- Developmental Disabilities
- Divorce
- Effective Parenting/Effective Discipline
- Emotional Regulation Disorders
- Giftedness and Mental/Emotional Health
- Internet Safety
- Learning Disabilities/Academic Achievement
- Medical/Physical health issues
- Sexual Orientation/Transgendered children
- Sensory Processing Disorders
- Special Situations (illness, death, crisis, trauma)
- Social Skills/Peer Relationships
- Tourette Syndrome

### **How do I borrow a book?**

There is a full list of books available on the Parent Council website ([www.mpsc.info](http://www.mpsc.info) -- go to the **Parent Resources** tab at the top of the page).

To borrow a book please send an e-mail request to Susan Steele ([susang.steele@ocdsb.ca](mailto:susang.steele@ocdsb.ca)) or contact her by telephone at 613 746-8131. In your request, please provide the following information:

**Your name:**

**Your child's full name and class:**

**The name of the book(s) that you wish to borrow:**

Wherever possible, the requested books will be sent home within 2 school days. The book(s) will be packaged in a ziplock bag along with a letter requesting that the book be handled carefully. A quick survey will also be included that we hope parents will fill out. Information from these surveys will be used to direct parents to the books that other parents have found most helpful.

Up to 3 books may be borrowed at one time. Books may be borrowed for up to 2 weeks. If a parent wishes to keep a book longer than 2 weeks, they may do so by notifying Mrs. Steele as long as there are no other parents waiting to borrow that book.

The Parent Lending Library was launched with the support of an Ontario Ministry of Education Parents Reaching Out Grant, and a grant from Ottawa Public Health.

Happy Reading!

Susan Steele